

Clinical Journal

Name: _____ Date: _____

Partner(s): _____ Clinical #: _____

Directions: Reflect on today's clinical experience. Refer to resident(s) as Mr. S or Mrs. B, using the first letter of their name, for privacy. Write legibly in complete sentences, using correct grammar, spelling and punctuation.

Describe: What did you do today?

Describe resident(s) limitations with ADLs.

How did you promote resident independence?

Feelings: How do you feel about your performance today?

What were you confident in doing?

Is there anything that surprised you or that you would do differently?

Evaluation: Describe the support of your partner.

Describe what situation(s) required teamwork today.

What do you feel you can improve upon?

Describe what you saw that was right.

Describe what you saw that you should not do as a nursing assistant.

Analysis: What is your overall reaction to today's experience?

What skill(s) did you check off on?

How did you prioritize care?

Conclusion: What will you do differently at the next clinical?

Action Plan: How will you implement positive change at the next clinical?

References:

Adapted with permission from activity created by Candace Pankey, BSN, RN, BNATP Benton High School, and by Lisa Kerley, BSN, RN, BNATP Thompsonville High School. Essays, UK. (November 2018). Sample Undergraduate 2:1 Nursing Reflective Practice Essay. Retrieved from <https://www.ukessays.com/services/samples/2-1-nursing-reflective-practice-essay.php?vref=1>