


Hartman's

# Nursing Assistant Care The Basics

Hartman Publishing, Inc.  
with Jetta Fuzy, RN, MS

FOURTH EDITION



THANK YOU  
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**20**  
years!  




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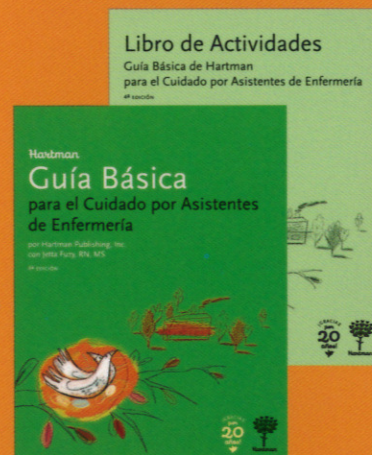
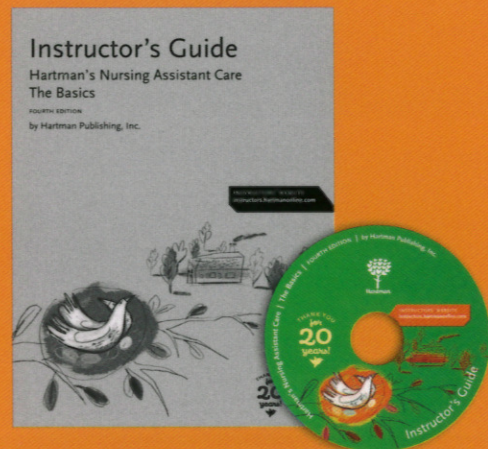
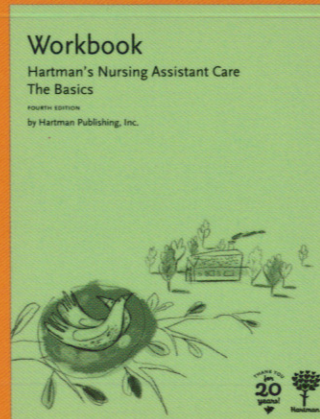
There is a reason that this brief, affordable, full-color nursing assistant training textbook is a best seller in so many states!

By focusing on the basics, students master OBRA's required content. They are not only able to successfully pass the certification exam, but are also prepared for the challenges of working in long-term care. Essential care skills and signs and symptoms to observe and report are explained in everyday language. Anatomy and physiology and common conditions are placed together, organized by body system. Rationales are provided for important steps in each procedure to aid understanding. Issues relating to Residents' Rights are highlighted in special boxes.

- 1 The Nursing Assistant in Long-Term Care
- 2 Foundations of Resident Care
- 3 Understanding Residents
- 4 Body Systems and Related Conditions
- 5 Confusion, Dementia, and Alzheimer's Disease
- 6 Personal Care Skills
- 7 Basic Nursing Skills
- 8 Nutrition and Hydration
- 9 Rehabilitation and Restorative Care
- 10 Caring for Yourself

With a **Glossary** of terms and list of **Abbreviations** for easy reference.

*Supporting titles also available from Hartman*



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Hartman Publishing began offering in-service education programs to long-term care facilities and home health agencies in 1994. Today we specialize in textbooks for nursing assistant and home health aide training. Students and teachers using our materials benefit from a company solely focused on educating and inspiring caregivers.

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at Hartman!**



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